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First name: Kathy

Last name: Butler

Organization:

Title:

Comments: The boundary waters are a national treasure. Our wilderness areas are so few and precious in relationship to our growing population. We need to protect, preserve and cherish any wilderness area remaining. The boundary waters are a sanctuary of healing, a place to regain our mental and spiritual health, and of course just a wonderful recreation environment for our whole country. A place to reset our values and to come back to an appreciation of nature and our own humble relationship with the natural world. To get out of the rat race and to feel our own wholeness. A forest bath. A sacred connection with our true spiritual selves.