

Data Submitted (UTC 11): 1/30/2024 5:46:24 PM

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Comments: Why I want the National Forest Service to protect Old Growth and mature forests:

Old growth trees are a very effective and free way to sequester CO2 and that helps slow down some of the devastating results of climate change.

Old growth forests help filter water that flows into our water supply

Old growth forests have a healthy balance of plant and animal biodiversity, which supports the health of the natural world we depend on to survive .

Forests provide healthy recreational opportunities to people of all races and economic status and contribute to the mental health of societies.

Mature forests will in a short time provide all of the benefits of Old Growth forests, and will help replace some of the vast amounts of Old Growth forests that have been logged.