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First name: Sara

Last name: Mitchell

Organization:

Title:

Comments: As a mother and lover of the outdoors, I am in support of the Trails at Mena Project. The positive economic impact as well as the variety of outdoor activities this project will provide for our area is tremendous. The project will impact quality of life by benefiting both mental and physical wellbeing. Spending time in nature is linked to many positive mental health outcomes, including improved focus, lower stress and better mood. I am excited about the growth and opportunities this project will provide for area and for future generations.