Data Submitted (UTC 11): 12/7/2022 6:10:26 PM First name: Shawn Last name: Holt Organization: Title:

Comments: More trails the better.

Mountain biking and hiking are great for everyone! Great for physical, and mental health! And in today's go go, instant gratification, online society it good to unplug, get the blood flowing, and breath in the fresh air! Being out in the forest, and prairie lands one can learn a lifelong appreciation of nature and the world it self.