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First name: Sherilynn
Last name: Boehlert
Organization:
Title:
Comments: I would love to see the inclusion of low tech, low impact exercise equipment or stations placed along the trail system surrounding ward lake. Something similar to a "Fit Trail". (See Below)

A 20 station Fit-Trail is an outdoor exercise system installed on a walking or jogging trail. It contains instruction signs and exercise equipment designed for the novice or conditioned athlete.

The typical trail length for a 20 Station fitness system is between 1/2 mile to 2 miles long. Station placement will vary depending on your particular site. Click on the link to see a typical layout for a 20 Station trail system. For those with limited space availability, exercise stations can also be grouped in clusters.