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First name: Mark

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Organization:

Title:

Comments: I am a over 60 year old EMTB rider. I started doing this activity after having multiple knee surjuries. I have never been a bike rider before 2018. Now I ride every day and am in the best physical shape of my adult life. I ride a peddle assisted bike and am no different going down hill than any other bike. The difference for me is that the Bike makes it possible for me to do what I could not without it. Ride uphill and still have enough strength to get the down hill ride. Most of the riders that I ride with are also over 60, some are in their 70's. Our taxes over our lifetime have paid for these trails. To disqualify us from using them is wrong. We have earned the right to use them. I encourage any new rules to keep us in mind and not cause us to be breaking the rules to go for a EMTB bike ride and be involved in a healthy exercise activity.