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Organization:

Title:

Comments: I am 73-years-old and have been a bicycle rider for at least 70 years. I have two artificial knees and an artificial hip as well as two heart stents, Regardless, I and my physicians consider that I am in excellent physical condition. I purchased an E-bike last year and have ridden it in several states on single track trails and paved trails wherever bikes are allowed. There is no reason that e-bikes should not be allowed anywhere bicycles are allowed. I am also an avid mountain bike rider and have ridden nearly every bike-allowed trail in Lincoln County Montana as well as in areas in Wyoming, Idaho, Washington, and Alaska. E-bikes, due to their wider tires cause far less damage to trails than do mountain bikes. In addition, E-bikes have opened another dimension for all people who used to ride, who have physical disabilities, or were afraid to get back onto any kind of bicycle. E-bikes are a game changer that allows many more people the opportunity to get into their public lands without begging for a ride or standing in line for a permit. And exercise is as serious and as strenuous as you want it to be for those of us who really need it.