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First name: David

Last name: Tesky

Organization:

Title:

Comments: I am 54 years old and have been MTB'ing since 1990. In my early 30's I was diagnosed with a congenital heart condition which inhibits its pumping ability. The muscle walls of my heart have grown thicker to compensate. The thickening of the heart walls creates issues with the electrical signals that control heart rate.

In March of this year I had surgery and an ICD was implanted which is a combination of a pacemaker and defibrillator. In May I purchased a Class 1 E-bike so I could ride with family and friends without putting as much stress on my heart.

I still ride my regular MTB since almost all of the trails in my area are closed to-Bikes, but I have put about 400 miles on the E-Bike and have great fun doing so.

The E-bike is quiet and does not impact the trail any more than a regular bike or horses. I fully support allowing the use of e-bikes anywhere that regular bikes are allowed. This will allow riders of differing athletic ability and with health issues to ride together.