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Organization:

Title:

Comments: I am 46 years old and I have been mountain biking since 1986. It is my preferred way to get out and be in nature. A few years back a compressed disc in my spine started pushing into the nerve bundle causing leg and back pain. bending over and pushing big gears increased that pain, and I was essentially done being able to do what I love. Along comes the class 1 e-bike, add a riser bar, and I can spin, in the endurance zone, pain free all day. I can do what I love again. I can get back out and appreciate the places I love and stay fit doing it. Earlier this year, on one of my favorite trails, we ran into, two of the happiest men in their 80's that I have come across. Both were on Turbo Levos. I want to ride, and smile doing it, into my 80's.

I can not see a way that class 1 e-bikes can diminish other trail users experiences any more than a standard Mountain bike. Class 1 e-bikes should be allowed on any trail where bicycles are allowed.