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Organization:

Title:

Comments: As someone living with a heart transplant that limits my both cardiovascular health and VO2 max, I rely on e-bikes to level out the playing field so to speak. I have around 60% of the exercise threshold of a healthy man my age so these bikes are a godsend for people like me. Without them I'd never be able to ride with my friends at anywhere near their pace. Ebikes have kept me passionate about cycling and I've seen my mileage increase substantially since converting to ebikes. I'm having way more fun and getting more exercise! As an ebike rider, I am constantly worried about trail access. In my local area, we have a mix of regulations that is both confusing and unfair. I want to be able to ride my bike without worrying whether I am violating any rules and as a Class 1 rider I can't see why these bikes shouldn't be allowed on trails. I am peddling just as hard as everyone else out there and like most bike riders im just trying to get out side and exercise.