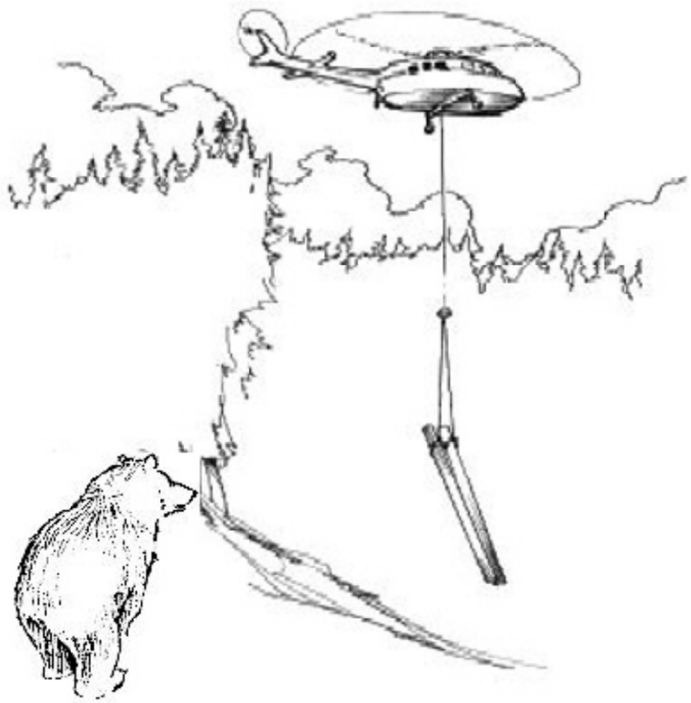Guide to Effects Analysis of Helicopter Use in Grizzly Bear Habitat