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Article

Socioeconomic status, particulate air pollution, and daily mortality: Differential exposure or differential susceptibility

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Abstract

Background

Short-term increases in particulate air pollution are linked with increased daily mortality and morbidity. Socioeconomic status (SES) is a determinant of overall health. We investigated whether social class is an effect modifier of the PM₁₀ (particulate matter with diameter <10 micron)-daily mortality association, and possible mechanisms for this effect modification.

Methods

Area-based traffic emissions, income, and SES were available for each resident in Rome. All natural deaths (83,253 subjects) occurring in Rome among city residents (aged 35+ years) during the period 1998–2001 were



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identified. For each deceased individual, all the previous hospitalizations within 2 years before death were available via a record linkage procedure. PM₁₀ daily data were available from two urban monitoring sites. A case-crossover analysis was utilized in which control days were selected according to the time stratified approach (same day of the week during the same month). Conditional logistic regression was used.

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Results

Due to the social class distribution in the city, exposure to traffic emissions was higher among those with higher area-based income and SES. Meanwhile, people of lower social class had suffered to a larger extent from chronic diseases before death than more affluent residents, especially diabetes mellitus, hypertension, heart failure, and chronic obstructive pulmonary diseases. Overall, PM₁₀ (lag 0–1) was strongly associated with mortality (1.1% increase, 95%CI = 0.7–1.6%, per 10 µg/m³). The effect was more pronounced among persons with lower income and SES (1.9% and 1.4% per 10 µg/m³, respectively) compared to those in the upper income and SES levels (0.0% and 0.1%, respectively).

Conclusions

The results confirm previous suggestions of a stronger effect of particulate air pollution among people in low social class. Given the uneven geographical distributions of social deprivation and traffic emissions in Rome, the most likely explanation is a differential burden of chronic health conditions conferring a greater susceptibility to less advantaged people. *Am. J. Ind. Med.* 50: 208–216, 2007. © 2006 Wiley-Liss, Inc.

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